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**Thursday 26 June 10.30am** Jubilee Hall, Aldeburgh

## **Discussion: The Psychology of Performance**

Violinist Leila Josefowicz leads a discussion on the psychology of performance covering such topics as stage presentation and anxiety, and interpretation from a non-musical point of view.

She is joined by alumni of the Britten Pears Young Artist Programme:  
Isabella Todes, Alice Abram and Eve Quigley.

**Duration: approx 90'**  
no interval